

Report to Southern Wiltshire Area Board (additional

application)

**Date of meeting** 23 March 2017

Title of report Health and Wellbeing Funding

# **Purpose of the Report:**

To consider the applications for funding listed below together with the recommendations of the Health and Wellbeing Group.

Applicant	Amount requested
Age UK	£1955
Music for Wellbeing CIC	£1407.01
Conservation for Wellbeing	£3000.00
Amount requested at this meeting	£6362.01
Budget for 2016/17	£6700
Amount spent to date	£0

#### 1. Main Considerations

- 1.1. Councillors will need to be satisfied that Health and Wellbeing Groups awarded in the 2016/2017 year are made to projects that can realistically proceed within a year of it being awarded.
- 1.2. Councillors will need to be assured that carers, older and/ or vulnerable people will benefit from the funding being awarded. The money must be used to invest in projects that will support adults living within a community area. While not exclusively restricted to older people, the investment should be made in such a way as to make the maximum impact on health and wellbeing within a given community area.
- 1.3. Councillors will need to ensure measures have been taken in relation to safeguarding older and vulnerable people.

# 2. Environmental & Community Implications

Health and Wellbeing Funding will contribute to the continuance and/or improvement of cultural, social and community activity and wellbeing in the community area, the extent of which will be dependent upon the individual project.

#### 3. Financial Implications

Financial provision had been made to cover this expenditure

- 3.1. Southern Wiltshire Area Board was allocated £6700
- 3.2. The Southern Wiltshire Area Board Health and Wellbeing Funding balance for 2016/17 is £6700

- 3.3. All decisions must fall within the Health and Wellbeing Funding allocated to Southern Wiltshire Area Board.
- 4.4 If funding is awarded in line with the Health and Wellbeing recommendations outlined in this report

### 1. Legal Implications

There are no specific legal implications related to this report.

#### 2. Human Resources Implications

There are no specific human resources implications related to this report.

# 3. Equality and Inclusion Implications

Ensuring that Community Area Boards and Health and Wellbeing Groups fully consider the equality impacts of their decisions in designing local positive activities for young people is essential to meeting the Council's Public Sector Equality Duty.

### 4. Safeguarding Implications

The Area Board has ensured that the necessary policies and procedures are in place to safeguard children and young people. The Community Engagement Manager has assessed this application agreed it meets safeguarding requirements.

# 5. Applications for consideration

Application ID	Applicant	Project Proposal	Requested
1	Age UK	Intergenerational project	£1955

#### **Project description**

As part of promoting health and wellbeing within the population of Southern Wiltshire through the work of the Area Board it is proposed to create opportunities for older people to associate with young people, while exploring and extending practical, social and digital skills, sometimes referred to as gateway services. Work elsewhere has raised awareness of how the knowledge and skills of the young can contribute to the benefit of others in a local setting. Such sharing opportunities also promote improved social cohesion and build on the learning undertaken within citizenship studies at school by extending the community engagement of the students in their local setting.

See attached application and appendices

**Input from CEM:** This project meets the criteria and targets something the Area Board has been looking to get off the ground for some time. This pilot project will enable us to develop a toolkit for intergenerational projects, something that other schools, youth clubs etc. can draw upon in the future.

Full evaluation of the project will be presented to the Area Board upon completion.

Application ID	Applicant	Project Proposal	Requested
2	Music for Wellbeing CIC		£1407.01

### **Project description**

The project will pilot 2 short-term projects for people in 2 communities who are living with long-term conditions such as dementia, Parkinson's, post-stroke and frailty, including carers. However, the sessions would also be open to the wider community as the project's aim is to promote community cohesion, reduce isolation as well as encouraging people to move more. The project will work with Downton Good Companions group and Laverstock Memory Group.

The circle dance sessions will provide a safe, accessible space for people to learn and create dance and music together, thus increasing social contact, physical activity, emotional wellbeing and creativity.

**Input from CEM:** This project meets the criteria and will deliver a programme of activities as a pilot project for the area. Full evaluation of the project will be presented to the Area Board upon completion.

Application ID	Applicant	Project Proposal	Requested
3	Hazel Hill	Conservation for wellbeing	£3000

# **Project description**

A series of volunteering events that use hands-on active conservation work to promote health and wellbeing. We will invite older people to a monthly volunteering day doing conservation work in Hazel Hill Wood. It will be promoted to older people at risk of social isolation, depression, declining health; and people with physical or mental health issues. There will be a range of tasks appropriate to the different abilities of participants, with a shared lunch as part of the day. We also offer bespoke days for specific groups, eg: people with Alzheimers. These days are developed in partnership with relevant organisations.

**Input from CEM:** This project meets the criteria and will deliver a programme of activities for local people at risk of social isolation, depression, declining health etc. Full evaluation of the project will be presented to the Area Board upon completion.

**Appendix 1:** Age UK application

Appendix 2: Age UK supplementary info

**Appendix 3:** Music for Wellbeing CIC application

Appendix 4: Conservation for Wellbeing

No unpublished documents have been relied upon in the preparation of this report

**Report Author** Tom Bray, Community Engagement Manager

Email: tom@wiltshire.gov.uk